Help us to help you

NOVEL CORONAVIRUS
(COVID-19)

Protect yourself and others!
Follow these Do's and Don'ts

Do's ✓

Practice frequent hand washing. Wash hands with soap and water or use alcohol based hand rub. Wash hands even if they are visibly clean

Cover your nose and mouth with handkerchief/tissue while sneezing and coughing

Throw used tissues into closed bins immediately after use

See a doctor if you feel unwell (fever, difficult breathing and cough). While visiting doctor wear a mask/cloth to cover your mouth and nose

If you have these signs/symptoms please call State helpline number or Ministry of Health & Family Welfare's 24X7 helpline at 011-23978046

Avoid participating in large gatherings

Don'ts ✗

✗ Have a close contact with anyone, if you're experiencing cough and fever

✗ Touch your eyes, nose and mouth

✗ Spit in public

Together we can fight Coronavirus

For further information :
Call at Ministry of Health, Govt. of India's 24X7 control room number
+91-11-2397 8046
Email at **ncov2019@gmail.com**

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